

Physiological needs are essential, and everyone has some relationship with them. I can order food, customize how I sleep on a bed, monitor my health, and control the temperature in my house, all with a couple of apps on my phone. For my safety needs, I use tools like a virtual private network (VPN) when I work from home, a firewall is always enabled, password managers, and possibly an alarm system for the house. I've developed a couple of discord bots to automate communities to get my sense of community and belonging. Beyond that, I also try to participate in forums like Reddit and others to collaborate and share my knowledge and experiences. For my esteem, I've set up a docker server environment where I can host anything as it is logically separated from my home network. I've also tried some HackTheBox challenges; I just haven't fallen deep into it. For my personal growth, I've created an MVC framework with PHP, a backend to host my website and others. The code itself is very abstract. I wanted to create a website to host files, messaging, an API, or a centralized login for other applications I may create.