The media is a double-edged sword when it comes to cybersecurity. Directly from the video, we can conclude scenes in movies & TV could be more accurate regarding cybersecurity. On the one hand, media coverage can bring important issues to light, such as data breaches, ransomware, and new hacking techniques, which help raise awareness and encourage individuals and organizations to take cybersecurity seriously. However, one of the most significant issues with media coverage of cybersecurity is the tendency to sensationalize. Generally, a cybersecurity event large enough to garner media attention becomes alarmist. Additionally, the media often focuses on high-profile cyber attacks involving big companies or government agencies, leading to a skewed view of who the primary targets are. While it can raise awareness and stimulate meaningful conversations, it can also shape a skewed understanding through sensationalism and oversimplification.